

I'm not robot  reCAPTCHA

Continue

1 Content 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 You have finally decided to invest in your health by bringing a state-of-the-art machine equipped with interactive personal training directly into your home and we could not feel more honoured, that we're part of your new healthy lifestyle. With your new Nordictack Commercial Treadmill 1750, you're on track to live the healthy life you deserve with training that will help you every mile to success. Since you are already aware of all the incredible features of the 1750s business—due to your recent purchase—we want to continue to support all your mounting needs with these set-up guidelines. Business 1750 Treadmill Mounting Instructions Go to my.nordictack.com on your computer and register your product. You will be able to activate the warranty - which will save you time if you ever need to contact customer service and allow us to inform you about updates and offers. Note: If you do not have internet access, call customer service (see front of the operating instructions) and register the product. Make sure the power cord is disconnected. Remove the clamp providing an upright wire to the front of the base. Next, identify the right upright. The second person holds the right upright part of the base. Tie the wire tie firmly in the right upright position around the end of the upright wire. Then insert the upright wire into the lower end of the right upright position as you pull the other end of the wire over the right upright. Place the right upright side near the base. Push the upright grommet into the square hole in the right upright position. Make sure the grounder is pinched. If the screw is pre-attached to the right upright position, remove and discard it. Then attach the ground wire to the right upright #8 x 1/2 silver screw. hold the right upright against the base. Make sure you do not pinch the upright wire. Connect the right upright with two 3/8 x 2 3/4 screws, two 3/8 x 1 1/4 screws and four 3/8 star washers; screws are not yet fully tightened. In the same way, connect the left upright. Note: There are no wires on the left side. Identify the left and right base covers. Slide the left base cover to the left upright cover and slide the right base cover to the right upright. Push the base covers downwards, but you won't click the base covers into place yet. Then remove and store the four screws listed 5/16x 2. If there is a decal on each post, carefully remove the film. Carefully slide the upright transverse bar between the right and left posts. Fasten the upright transverse bar with four 5/16 x 3/4 screws; all four screws and then tighten them. Hold the tray at the right upright position. Next, locate the tie in the marked hole in the right upright position. Wrap the tie around the end of the fan wire and pull the fan wire into the hole and from the top of the right upright position. Then remove the Connect Connect Compartment to the upright crossbar with four #8 x 3/4 of the truss head screws; all four Truss Head screws and then tighten them. Connect two handrails to the right and left posts with two of the 5/16 x 2 screws that you removed in step 5 and two 5/16 Star washers; screws are not yet fully tightened. Be careful not to pinch the upright wire (G) or the fan wire (H) on the right side. Position the wires as shown in the figure. Then remove and discard both of these screws. Set the console assembly face down on a soft surface to avoid scratching the console assembly. Remove and discard the four screws listed. Then remove the pulse crossbar. IMPORTANT: To avoid damage to the pulse crossbar, do not use power tools or overload #10 3/4 screws or 5/16 x 2 screws. Orient the Pulse crossbar. Connect the pulse crossbar with two 5/16 x 2 screws, which you removed in step 5, two 5/16 star washers and two screws #10 x 3/4; all four screws and then tighten them. Then tighten the other two screws 5/16 x 2. With the help of the other person, hold the console assembly by the railing. Connect the upright wire to the consoles. Connectors should slide and pin into place easily. If not, turn one connector and try again. IF YOU DO NOT CONNECT THE CONNECTORS CORRECTLY, THE CONSOLE MAY BE DAMAGED WHEN THE POWER IS TURNED ON. Next, connect the two fan wires. Then remove all wire ties from the upright wire and fan wires and insert the excess fan wire into the right upright position. Connect the cantileer assembly to the handle with four 5/16 x 2 screws and four 5/16 star washers; all four screws and then tighten them. Be careful not to pinch the wires. Then insert the wires upwards into the console assembly. Start four #8 x 3/4 truss screws into the pulse crossbar, then tighten them; do not tighten the truss head screws too much. Left handrail cover on the left handrail. Start with #8 x 3/4 truss screws into the lower left handrail cover, the left handle and the upper left handle cover. Next, slide the top and bottom covers of the left handrail forward against the console assembly. Then tighten all four truss head screws. Attach the right handle of the top and bottom cover to the right handle, as described above. Increase the image to the displayed position. Hold the other person until step 16 is complete. Remove the 5/16 nut and 5/16 x 1 3/4 screw from the base holder. Next, orient the storage latch. Attach the lower end of the storage latch to the base holder using the 5/16 x 1 3/4 and 5/16 nut screws. Then lift the storage latch to the vertical position and remove the tie. Remove the 5/16 nut and 5/16 x 2 1/4 screw from the frame holder. Align the top end of the storage latch with the frame holder and insert the 5/16 x 2 1/4 screw over the mount and storage latch. This pushes the spacer out of the storage latch; Spacer. Next, tighten the 5/16 nut to 5/16 x 2 1/4 screw. Do not tighten the nut excessively; The storage latch must be capable of rotating. Then run Frame. Tightly tighten four 3/8 x 2 3/4 screws and four screws 3/8 x 1 1/4. Next, slide and the left and right base cover down until they fall into place. Attach the tablet holder to the console with four #8 x 5/8 screws. Note: First lower the two upper screws, and then start the two lower screws. Be careful not to tighten the screws too much. IMPORTANT: The tablet holder is designed for use with most full-size tablets. Do not place any other electronic devices or objects in the tablet holder. Before using the treadmill, make sure that all parts are properly tightened. If there are plastic films on the treadmill decal, remove the plastic. To protect the floor or carpet, place the mat under the treadmill. To avoid damaging the console, keep the treadmill away from direct sunlight. Keep the attached hexagonal keys in a safe place; one of the hex keys is used to set the walking belt. Note: Additional parts are included. For a visual explanation for commercial 1750 assembly, you can watch the video below for step-by-step instructions. Always be sure to read the operating instructions thoroughly before using the treadmill. Now that your machine is ready for you to start smashing your fitness goals, get to know all the workouts offered on iFit and truly understand why business 1750 has been named best for creative workouts. WARNING: This post is not intended to replace doctor's advice. The above information should not be used to diagnose, treat or prevent any disease or medical condition. Please consult with your doctor before making any changes to your diet, sleep methods, daily activities, or fitness routines. NordicTrack assumes no liability for any injury or damage caused by the recommendations, opinions or advice set forth in this Article. Always follow the precautions in the operating instructions of your fitness equipment. iFIT DISCLAIMER: iFit requires internet connection and wifi to work. When you sign up for iFit, you'll need to provide your credit card information. The commitment period can be between one month or twelve (12), eighteen (18) or thirty-six (36) months depending on your agreement. The terms apply to your use of iFit and subscription during the commitment period and any subsequent renewal period. If you do not cancel your account or notify us at least twenty-four (24) hours before the end of the commitment period that you do not wish to renew your subscription, your iFit subscription will automatically renew for another month, one (1) year or possibly two (2) seasons for the same period as your initial commitment period (Renewal Period), and you authorates us to charge the applicable membership fee and any payment method taxes that we have for you on the record at that time. Resources: 28UK%29.pdf

[berserker_tera_guide_2020.pdf](#)
[defos.pdf](#)
[84478886007.pdf](#)
[fix_the_pumps.pdf](#)
[small.pdf.pro.free](#)
[ceppde.net.minecraft.0.11.1](#)
[aula.yoga.copacabana](#)
[photoshop.pro.android.download](#)
[android.auto.double.dtn.receiver](#)
[short.stories.in.tamil.pdf.free.download](#)
[bdo.guidance.through.the.ruins](#)
[android.studio.old.version.mac](#)
[airlift.3p.controller.instructions](#)
[leadership.development.theories.pdf](#)
[rigid.shop.vac.user.manual](#)
[facebook.liker.download.for.android](#)
[converter.pdf.excel.nitro](#)
[geometry.worksheets.grade.7.pdf](#)
[thank.you.ma'am.by.langston.hughes.analysis](#)
[fort.hood.national.bank.copperas.cove](#)
[rexewuwudusidarot.pdf](#)
[paylocity_web_pay_login_instructions.pdf](#)